

## 2019-2020 Recommended Student Immunization

In an effort to reduce the number of children catching influenza, the Pipestone Family Clinic will be holding Flu Vaccination Clinics in the Pipestone and Edgerton Schools for student grades K-12. (Exact dates and times will be announced at a later date.) We will be offering the flu shot only. Our vaccines is preservative free. **Please read the Vaccine Information Statement to be well informed about the vaccine.**

If you would like your child to receive this immunization during the school flu vaccination clinic, please complete the form. ***If you answer “yes” to any of the questions, talk to you doctor before getting the vaccine.***

We ask that you check with your insurance company by calling the number on the back of your insurance card to verify vaccine coverage before you fill out this form. If your insurance **does not pay for the flu vaccine 100%**, please enclose a check for \$30.00 for the flu shot or check with your local Public Health office.

**If you have no insurance**, state vaccine will be provided for a fee of \$21.22 checks must be included with the form.

Please return the form to your child’s school **no later than September 20th**. Forms **will not** be accepted after this date. **No vaccines will be given without a fully completed and signed consent form.** For any questions or concerns, please contact your school nurse or the Pipestone Family Clinic at 507-825-5700 and ask for Cindy at ext. 4736 or Julie at ext. 4782.

### FLU FACTS

***Parents should be aware that some children might need two doses of influenza vaccine.*** Children younger than 9 years of age need 2 doses of influenza vaccine if being vaccinated for the first time - or who got influenza vaccine for the first time last season but got only one dose - should get 2 doses, at least 4 weeks apart, to be fully protected. Parents will need to bring their children to the clinic for the second dose. Insurance coverage for the 2<sup>nd</sup> dose varies by company. Please check with your insurance company to verify coverage for children needing the 2<sup>nd</sup> dose.

***Influenza (“flu”) is a contagious disease.***

It is caused by the influenza virus, which can be spread by coughing, sneezing, or nasal secretions.

Anyone can get influenza, but rates of infection are highest among children. For most people, symptoms last only a few days. They include: fever/chills, sore throat, fatigue, cough, headache, muscle aches, and runny or stuffy nose.

Other illnesses can have the same symptoms and are often mistaken for influenza.

Young children, people 65 and older, pregnant women, and people with certain health conditions – such as heart, lung or kidney disease, or a weakened immune system – can get much sicker. Flu can cause high fever and pneumonia, and make existing medical conditions worse. It can cause diarrhea and seizures in children. Each year thousands of people die from influenza and even more require hospitalization.

By getting flu vaccine you can protect yourself from influenza and may also avoid spreading influenza to others.

It takes up to 2 weeks for protection to develop after the vaccination. Protection lasts about a year.

Your child will be given/offered a Vaccine Information Statement from the CDC at the time of administration.

Flu shot clinics are subject to cancellation due to possible nationwide flu vaccine shortages.